

Raglan Primary School

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	Mild Beef & Vegetable Casserole (CE) S	Super Swirl Beefy Pasta (G/W)	Roast Chicken with Gravy	BBQ Chicken & Sweetcorn Pizza (MK, G/W)	Captain's Crispy Fish Fingers or Salmon Fishcake & Chips (F, G/W)
VEGGIE 	Roasted Vegetable Casserole V S	Super Swirl Veggie Pasta (G/W) V S	Cheesy Veggie Hot Pot with Gravy (CE, MK, G/W) S	Cheesy Tomato Pizza (MK, G/W)	Cheesy Mexican Veggie Burrito & Chips (MK, G/W)
SIDES 	Steamed Rice with Sweetcorn & Green Beans V S	Carrots & Broccoli V S	Rustic Roast Potatoes & Seasonal Vegetables V S	Homemade Potato Wedges & Baked Beans V S	Baked Beans or Peas V
PASTA & JACKET 	Italian Tomato Twirl Pasta (CE, MK, G/W) S	Jacket Potato with a Choice of Fillings (E, F, MK)	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Vegetable Pasta (CE, G/W) V S
PUD 	Fruit Yoghurt (MK)	Golden Pear Crumble with Custard (MK, G/B*, O, W) S	Fruit Yoghurt (MK)	Caramel Banana Cake with Custard (E, MK, SO*, G/W)	Vanilla Sponge with Chocolate Sauce (E, MK, SO*, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

DATES

31 AUG / 21 SEP
12 OCT / 09 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

THEME DAYS



Olive
dining
food with passion

Raglan Primary School

WEEKLY MENU

WEEK 1:
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Beef Cottage Pie (CE)	Mild Chicken Tikka Masala (MK, G/B*, O*, R*, W*)	Lightly Spiced Chicken	Hot Dog (CE, SE*, SO*, SU, G/W)	Captain's Crispy Fish Fingers & Chips (F, G/W)
VEGGIE	Veggie Cottage Pie	Mild Vegetable Tikka Masala (MK, G/B*, O*, R*, W*)	Lightly Spiced 'Plant Based' Chickn	Veggie Hot Dog (SE*, SO*, G/W)	Vegan Nuggets & Chips (G/W)
SIDES	Peas & Sweetcorn	Steamed Rice with Carrots & Green Beans	Paprika Diced Potatoes & Sweetcorn	Homemade Potato Wedges & Baked Beans	Homemade Potato Wedges & Baked Beans
PASTA & JACKET	Jacket Potato with a Choice of Fillings (E, F, MK)	Italian Tomato Twirl Pasta (CE, MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Vegetable Pasta (CE, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)
PUD	Fruit Yoghurt (MK)	Chocolate Shortbread Biscuit (G/W)	Fruit Yoghurt (MK)	Jam Sponge with Custard (E, MK, SO*, SU, G/W)	Cool School Ice Cream (MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS



DATES

07 SEP / 28 SEP
19 OCT / 16 NOV / 07 DEC

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

Olive
oil & vinegar
food with passion

Raglan Primary School

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Sticky Chicken Pasta Bake (CE, G/W)	Cowboy Beef Chilli (CE)	Roast Chicken with Gravy	Jerk Chicken Curry (CE)	Crispy Catch Fish & Chips (F, G/B*, W)
VEGGIE	Sticky Veggie Pasta Surprise (CE, G/W)	Tex Mex Mild Veggie Chilli (CE)	Roast Jerk Quorn Fillet (G/W)	Jerk Vegetable Curry (CE, G/B*, O*, R*, W*)	Cheesy Pizza & Chips (MK, G/W)
SIDES	Broccoli	Steamed Rice & Broccoli	Rustic Roast Potatoes & Seasonal Vegetables	Rice & Peas (CE)	Baked Beans or Peas
PASTA & JACKET	Jacket Potato with a Choice of Fillings (E, F, MK)	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Italian Tomato Twirl Pasta (CE, MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)
PUD	Fruit Yoghurt (MK)	Mango Cheesecake (E*, MK, SO*, G/B*, O*, R*, W)	Fruit Yoghurt (MK)	Mixed Berry Crumble with Custard (MK, G/W)	Lemon Drizzle Cake (E, MK, SO*, SU, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS



DATES

14 SEP / 05 OCT
02 NOV / 23 NOV / 14 DEC

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

Olive
athina
food with passion