



## **Around the Home Challenge**

### **Sew a button and repair a tear**

Learn how to sew on a button and remember to practice threading a needle. Make sure that the button is secure. Once you have mastered this skill practice repairing a tear in a piece of cloth /material. Which stitch will you use?

### **Evidence**

**Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher



## **Exercise and Learning New Things Challenge**

### **Walking**

Your challenge is to walk to somewhere nearby 'for a reason' and you should plan your route. You should know your local environment and be able to make left and right turns and cross roads safely.

You should have an adult with you who will ensure you are safe to cross the roads, but they shouldn't help with directions, instead, allowing you to take wrong turns! His or her only role is to keep you safe.

### **Evidence**

**Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher



## **Cooking Challenge**

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### **Baking of choice**

Choose some baking which you enjoy eating, find out how to make it. Learn how to stay safe whilst using utensils and taking things out of the oven. Bake it carefully and then take time to create the recipe for others to follow.

### **Evidence**

**Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher



## **Safety Challenge**

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### **Preparing a first aid kit**

Plan and go on an adventure or trip. Before you go make a list of all the potential risks which could happen during your trip. Remember to consider allergies e.g. Wasp stings. Then prepare a suitable first aid kit to take along with you. Write a list of what you put/would put in your kit.

### **Evidence**

**Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher



## **Eco Challenge**

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### **Re-use an old thing!**

Can you find something in your house that you don't use anymore? See if you can repurpose an unused item and grow a plant inside it.

### **Evidence**

**Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher



## **Looking after myself Challenge**

### **Ready for School**

Think about the time you need to get up in the morning for school to be ready on time. Set an alarm and get up when the alarm rings. Have your bags and lunch ready and leave home for school on time. Do this for 2 weeks.

### **Evidence**

**Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher