



Around the Home Challenge

Handwashing

Choose an item of dirty clothing about the size of a jumper and learn how to wash it properly by hand (no cheating with a small sock!).

Make sure that you use the correct water temperature and the right amount of washing powder. You will need to learn how to squeeze the water out and rinse the soap out. Put the item out to dry. Don't forget to put it away neatly once it's dry.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Exercise and Learning New Things Challenge

Using basic tools

Get an adult to show you how to use a screwdriver and a spanner. With adult guidance, use a screwdriver and a spanner. Have a look around your home to see how many different types of screws you can see. Remember to put the tools away carefully once you have finished.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Cooking Challenge

Baking a cake

Choose some baking which you enjoy eating, find out how to make it. Read the recipe. Learn how to stay safe whilst using utensils and taking things out of the oven. Remember to get an adult to show you how to set the oven to the correct temperature and use oven gloves when taking something out of the oven. Enjoy eating it!

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Safety Challenge

Learn how to contact the emergency services.

Know how emergency services can help you. How would you contact them? Practise with an adult the conversation that you would have if you needed to contact an emergency service. Remember that you should not dial 999 unless it is a real emergency.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Eco Challenge

Be a litter hero

Can you clear up any litter on your way to and from school or even around your house? Remember to be very careful picking up things with your hands, dispose of the litter safely and wash your hands once you have finished. You will also need to grow a plant of your choice to help give something back to the environment.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Looking after myself Challenge

Learn to tie your school tie

Follow instructions to learn how to independently tie your own school tie. Once you are feeling confident, perhaps you could teach someone else this skill.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher