



## **Around the Home Challenge**

### **Load the dishwasher/wash the dishes**

Get an adult to show you/tell you how to load the dishwasher after a meal or get them to give you instructions of how to wash the dishes. Wash and dry all the items that have been used for the meal. You could even put the dishes away!

### **Evidence**

**Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher



## **Exercise and Learning New Things Challenge**

### **Go for a long walk with an adult**

Go on a long walk with your family for at least an hour. Learn which clothes are appropriate for the weather and know what you should take with you in a rucksack. (waterproofs, water, snack etc.). Pack and carry your own rucksack.

### **Evidence**

**Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher



## **Cooking Challenge**

### **Make and prepare your breakfast**

With an adult plan your breakfasts for a week and know how to make each breakfast. Once you have planned your week's breakfast menu and know how to make the breakfast- have a go!

### **Evidence**

**Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher



## **Safety Challenge**

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### **Learn and recite home address**

Learn your home address. Can you find your road/street on a map?  
What other buildings are near your house.

### **Evidence**

**Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher



## **Eco Challenge**

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### **Grow plants to encourage bees and insects and other pollinators**

Decide which seed or bulb you will plant and know when to plant it. Learn about planting bulbs or seeds and what they need to germinate. What will you do when your plant starts to shoot? Look after your plant.

### **Evidence**

### **Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher



## **Looking after myself Challenge**

### **Clear away your breakfast for a week**

Once you have eaten your breakfast make sure that you clear away all the products you have used and clean the table.

### **Evidence**

### **Challenge achieved or things to practise again**

Signed \_\_\_\_\_

Class Teacher