

Parent/Carer Webinar Dates January - April 2025

Helping Your Child with Fears & Worries for Primary Parents

**Weds 22nd Jan @ 10:00am
Thurs 13th Feb @ 12:30pm
Sat 15th Mar @ 10:00am
Weds 23rd Apr @ 7:00pm**

Helping Young People with Fears & Worries for Secondary Parents

**Sat 25th Jan @ 10:00am
Mon 10th Feb @ 12:30pm
Thurs 20th Mar @ 7:00pm
Weds 30th April @ 10:00am**

Helping Children with Sleep for Primary Parents

**Mon 27th Jan @ 12:30pm
Weds 26th Feb @ 7:00pm
Mon 24th Mar @ 10:00am
Sat 5th Apr @ 10:00am**

Emotionally Based School Avoidance

**Sat 8th Feb @ 10:00am
Weds 5th March @ 10:00am
Mon 28th April @ 12:30pm**

Changing from Primary to Secondary School

**Weds 19th Feb @ 10:00am
Mon 31st Mar @ 12:30pm
Sat 26th Apr @ 10:00am**

Scan QR code to Book

