PGL	Kit	Checklist
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FGL KIT CHECKIST			
$\overline{\mathbf{A}}$	<u>ltem</u>	<u>Important notes</u>	
	3 x Tee-shirts	One of these needs to be long sleeved for archery	
	3x Shorts		
	3x Tracksuit Bottoms / Leggings	Jeans are unsuitable for PGL because denim becomes stiff, abrasive and cold when wet and almost impossible to dry overnight.	
	3x warm Jumpers/Hoodies		
	Waterproof Coat	Big enough to fit a few layers underneath in case it is cold.	
	4 x Underwear & 4 x Socks		
	Pyjamas		
	Gloves & Warm Hat	When cold, these can make all the difference.	
	2 x Old/Cheap Trainers	At least one of these pairs will come home wet/very muddy.	
	Water Bottle	Clearly labelled with child's name.	
	Sleeping Bag	Easy for the children to pack away on their own.	
	Pillow	As small as possible packed in the case not carried separately.	
	Small Cuddly Toy	1 small toy only please	
	Sun Hat & Sun Cream	Spray ones are the best. Children are not permitted to share sun cream.	
	Towel	Please try to pack a towel that is easily identifiable e.g. has a design on it.	
	Flannel — Toothbrush — Toothpaste — Soap/Shower Gel — Comb/Hairbrush		
	2 x Plastic 'Wet' Bag	Big enough to fit a set of soaking wet or muddy clothes, shoes and towel in. Clearly label the bags with your child's name and school.	
	A Small Toy	E.g. Puzzle book, cards. Nothing valuable or electronic is allowed. Children can play with these toys quietly if they wake up early or have 5 mins free time.	