



### **Module one (Key stage 1)**

Introducing Yasmine and Tom  
Friendships and feelings  
Different families  
My brilliant body  
Keeping clean and taking care of myself  
Naming body parts  
Keeping safe

### **Module two (Lower key stage 2)**

Introducing Yasmine and Tom  
Gender stereotypes and aspirations  
Me, myself and I  
What makes a good friend?  
Families and getting on with our families  
My personal and private body parts and keeping safe  
Body care  
Is it risky?  
People who can help us on and offline

### **Module 3 (Upper key stage 2)**

Introducing Yasmine and Tom  
On and offline friendships  
Friendships and secrets  
Friendships and pressure  
Keeping safe – safe and unsafe touch  
Keeping safe – online images  
Changes at puberty  
Periods (menstruation)  
Wet dreams and masturbation  
Making babies – sexual intercourse  
Making babies – assisted fertility and multiple births  
Marking babies – pregnancy and birth  
Identity and prejudice  
Equality and the law  
Getting help