



Around the Home Challenge

Repair a tyre puncture/repair a broken object

Get an adult to show you how to repair a punctured bike tyre. Make sure that when you have found the puncture you mark it, patch it and then pump it back up. Or if you haven't got a bike you could repair a damaged/broken object that you have round the house.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Exercise and Learning New Things Challenge

Create some new exercise equipment

Repurpose some objects/items that you already have round the house to make into a piece of exercise equipment. Don't forget to demonstrate how you would use the object/s to exercise with!

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Cooking Challenge

Bake bread

Choose a favourite type of bread and learn how to bake it. Be creative with flavour and style. It must require kneading and proving (so, no banana loaf!). Learn how to stay safe whilst taking things out of the oven. Remember to write out your recipe.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Safety Challenge

Learn the safety rules of fire.

Learn what three things a fire needs to allow it to burn. Learn 'stop, drop and roll, as a safety action if clothes were to catch fire.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Eco Challenge

Energy saver – turn it off!

Saving energy is really important to help protect the environment (and save money on the household bills). You can do your part to save energy and help protect the environment by completing as many energy-saving tasks as possible! Write a list of all of the energy-saving activities you do in your home for a week.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Looking after myself Challenge

Pack a bag

Write a packing list, collect the items you will need for your trip and pack a bag for PGL, a holiday or a sleepover.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher