



Around the Home Challenge

Make your bed and tidy your bedroom for a week.

Every morning once you are out of bed up pull up your duvet/sheet, tuck it in and arrange your pillows. Try to make sure that your bedroom is tidy and that your clothes and toys are away.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Exercise and Learning New Things Challenge

Learn how to tie your shoelaces

Get an adult or a sibling to show you how to tie your laces. There are also lots of useful demonstration videos that you could watch. When you are more confident with the correct sequence of steps see if you can use your knowledge to tell an adult how to tie their shoelaces, step by step.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Cooking Challenge

Making a lunch sandwich

Make a sandwich for you (or a family member's) lunch. Decide which bread/wrap/roll you want to eat and then choose your sandwich filling. Remember to wash your hands before you begin. Don't forget to clean up after yourself.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Safety Challenge

Learn and recite a parent/carers phone number.

Learn and be able to recite the phone number of your parent/carer.
When you have learnt the number, use a phone (mobile and home phone) to ring the number.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Eco Challenge

Create a home/ place for wildlife

There are lots of things you can do at home and in local community spaces to help wildlife to thrive. Save yourself a job and let the grass grow, creating a mini meadow for the insects in your own garden. You could even try building your own DIY bug, bee or bird house!

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Looking after myself Challenge

Pack your school bag

Write a list of what you need in your school bag. Pack your bag and put it out ready for the next day. Do this for a week.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher