



Around the Home Challenge

Load the dishwasher/wash the dishes

Get an adult to show you/tell you how to load the dishwasher after a meal or get them to give you instructions of how to wash the dishes. Wash and dry all the items that have been used for the meal. You could even put the dishes away!

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Exercise and Learning New Things Challenge

Go for a long walk with an adult

Go on a long walk with your family for at least an hour. Learn which clothes are appropriate for the weather and know what you should take with you in a rucksack. (waterproofs, water, snack etc.). Pack and carry your own rucksack.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Cooking Challenge

Make and prepare your breakfast

With an adult plan your breakfasts for a week and know how to make each breakfast. Once you have planned your week's breakfast menu and know how to make the breakfast- have a go!

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Safety Challenge

Learn and recite home address

Learn your home address. Can you find your road/street on a map?
What other buildings are near your house.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Eco Challenge

Grow plants to encourage bees and insects and other pollinators

Decide which seed or bulb you will plant and know when to plant it. Learn about planting bulbs or seeds and what they need to germinate. What will you do when your plant starts to shoot? Look after your plant.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher



Looking after myself Challenge

Clear away your breakfast for a week

Once you have eaten your breakfast make sure that you clear away all the products you have used and clean the table.

Evidence

Challenge achieved or things to practise again

Signed _____

Class Teacher